



## CEO Health Screening Plans 至尊健康體格檢查計劃

Screening Items 檢查項目	Check up Details 檢查項目細節	CEO88	CEO88	CEO138		CEO160		
		Male	Female	Male	Female	Male	Female	
1 Detailed Medical History 詳細病歷資料	- Past and current medical history - Family History - Lifestyle History - Psychological wellness assessment	- 過往及近期病歷 - 家族病歷 - 社交、家庭及生活方式 - 心理健康評估	✓	✓	✓	✓	✓	✓
2 Comprehensive Physical Measurements 綜合身體指標	- Height and weight - Body mass index (BMI) - Hip/waist ratio - Body fat analysis - Blood pressure and pulse - Oxygen saturation	- 身高及體重 - 體重指標 - 臀/腰比例 - 脂肪分析 - 血壓及脈搏 - 血含氧量	✓	✓	✓	✓	✓	✓
3 Physical Examination by doctor 體格檢查	- Visual acuity - Colour vision assessment - Ear, nose and throat - Hearing - Cardiovascular system - Respiratory system - Abdomen - Nerves system and reflexes - Locomotor system and back - Skin	- 視覺測試 - 色覺評估 - 耳、鼻、喉檢查 - 聽覺檢查 - 心臟系統檢查 - 呼吸系統檢查 - 腹部檢查 - 神經系統及反應檢查 - 活動系統及背部檢查 - 皮膚檢查	✓	✓	✓	✓	✓	✓
4 Complete Blood Profile (CBP) 血全像	- Haemoglobin - Red cell count - MCV, MCH, MCHC - White cell count - White cell differentials - Platelet count	- 血紅素 - 紅血球數目 - 紅血球指數 - 白血球數目 - 白血球分類指標 - 血小板數目	✓	✓	✓	✓	✓	✓
5 Blood Group and Rh Factor 血型及恆河猴因子	- ABO Blood group and Rh factor	- 血型及恆河猴因子	✓	✓	✓	✓	✓	✓
6 ESR 紅血球沉降率	- Erythrocyte sedimentation rate	- 紅血球沉降率	✓	✓	✓	✓	✓	✓
7 RA Factor 類風濕因子	- Rheumatoid factor	- 類風濕因子指數	✓	✓	✓	✓	✓	✓
8 Liver Function Test 肝功能測試	- Bilirubin (direct & indirect) - ALT, AST - ALP, Total protein - Albumin, Globulin - GGT	- 膽紅素 (直接及間接) - 谷丙轉氨酶, 谷草轉氨酶 - 鹼性磷酸酶, 總蛋白質 - 白蛋白, 球蛋白 - 丙種谷氨酰轉移酶	✓	✓	✓	✓	✓	✓
9 Renal Function Test 腎功能測試	- Sodium, Potassium - Chloride, Urea - Creatinine, Bicarbonate	- 鈉, 鉀 - 氯化物, 尿素 - 肌酸酐, 重碳酸鹽	✓	✓	✓	✓	✓	✓
10 Thyroid Function Test 甲狀腺功能測試	- Free T3 - Free T4 - TSH	- 游離亞甲狀腺素 - 游離甲狀腺素 - 促甲狀腺激素	✓	✓	✓	✓	✓	✓
11 Lipid Profile Test 血脂檢查測試	- Total cholesterol - High density lipoprotein - Low density lipoprotein - Triglyceride	- 總膽固醇 - 高密度膽固醇 - 低密度膽固醇 - 三酸甘油酯	✓	✓	✓	✓	✓	✓
12 Fasting Blood Sugar 空腹血糖測試	- Glucose - HbA1c	- 血葡萄糖 - 糖化血紅素	✓	✓	✓	✓	✓	✓
13 Uric Acid 尿酸	- Uric Acid	- 尿酸	✓	✓	✓	✓	✓	✓
14 Lung Function Test 肺功能測試	- Peak expiratory flow rate	- 最高呼氣率	✓	✓	✓	✓	✓	✓
15 ECG 心電圖	- Resting Electrocardiogram	- 靜態心電圖	✓	✓	✓	✓	✓	✓
16 Urine Analysis 小便常規檢查	- Urine RBC - Urine WBC - Urine Protein - Urine Ketone - Urine Glucose	- 尿液紅血球數目 - 尿液白血球數目 - 尿液蛋白質 - 尿液酮 - 尿糖	✓	✓	✓	✓	✓	✓
17 Stool Test 大便常規檢查	- Stool analysis, occult blood	- 大便常規及隱血檢查	✓	✓	✓	✓	✓	✓
18 Chest X-Ray 胸肺 X 光造影	- Digital Chest X-ray	- 胸肺 X 光造影	✓	✓	✓	✓	✓	✓



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				Male	Female	Male	Female	Male	Female
19	KUB X-ray 腎、輸尿管、膀胱和 X 光造影	- Kidneys, Ureters, and Bladder X-ray	- 腎、輸尿管、膀胱和 X 光造影			✓	✓	✓	✓
20	Ultrasound Scanning Whole Abdomen and Breasts - Female (or) 全腹部和乳房超聲波檢查 - 女性 (或)	- Ultrasound Scanning Whole Abdomen and Breasts (Upper Abdomen + Pelvis+Breasts) - Female (Upper Abdomen includes Liver, Pancreas, Gall Bladder, Spleen, Kidney)	- 全腹部 + 乳房 (包括肝、胰、膽囊、脾臟、腎臟、盆腔及乳房)				✓		✓
21	Allergy Marker 過敏標記	- Total IgE	- 總免疫球蛋白 E	✓		✓	✓	✓	✓
22	Whole Upper Abdomen + Prostate Ultrasound 全上腹超聲波掃描	- Ultrasound for Liver, Gall Bladder, Spleen, Kidneys & Pancreas + Prostate	- 肝、膽、脾、腎、胰+前列腺			✓		✓	
23	Nutritional Status 營養狀況	- Ferritin, EPO - Folate, Vitamin D - Vitamin B12	- 鐵蛋白, 促紅血球生成素 - 葉酸鹽, 維生素 D - 維生素 B12	✓	✓				
<b>Bone Health 骨質健康</b>									
24	DEXA Scan 骨質密度 X 光造影	- DEXA screening (both hips & spine)	- 骨質密度普查(髖關節及腰椎)	✓	✓	✓	✓	✓	✓
25	Calcium and Phosphate 鈣及磷	- Calcium and Phosphate	- 鈣及磷	✓	✓	✓	✓	✓	✓
<b>Cancer Markers Screening 腫瘤標誌物篩查</b>									
26	CEA 癌胚抗原	- CEA	- 腸癌指標	✓	✓	✓	✓	✓	✓
27	Alpha-fetoprotein 甲種胎蛋白	- AFP	- 肝癌指標	✓	✓	✓	✓	✓	✓
28	EBV IgA 艾伯斯坦氏病毒抗體	- EBV IgA	- 鼻咽癌指標	✓	✓	✓	✓	✓	✓
29	CA 12.5 卵巢癌症指標	- CA 12.5	- 卵巢癌症指標		✓		✓		✓
30	CA 15.3 乳癌指標	- CA 15.3	- 乳癌指標		✓		✓		✓
31	PSA 前列腺癌抗原	- Total PSA Screening	- 前列腺癌抗原	✓		✓		✓	
32	Human Chorionic Gonadotropin (HCG) 人類絨毛膜性腺激素	- Human Chorionic Gonadotropin (HCG)	- 人類絨毛膜性腺激素	✓		✓		✓	
33	Pancreas CA 19.9 胰 CA.19.9	- CA19.9	- 胰癌指標	✓		✓	✓	✓	✓
<b>Reproductive Health &amp; Infection 生育健康及傳染病普查</b>									
34	Hepatitis A Profile 甲型肝炎抗體測試	- Hep A antibody (IgG)	- 甲型肝炎抗體	✓	✓	✓	✓	✓	✓
35	Hepatitis B Profile 乙型肝炎抗體普驗	- Hep B surface antigen and antibody	- 乙型肝炎表面抗原及抗體	✓	✓	✓	✓	✓	✓
36	HPV DNA 人類乳頭瘤病毒 DNA Genotype	- HPV DNA Genotype	- 人類乳頭瘤病毒 DNA	✓	✓	✓	✓	✓	✓
37	H Pylori test 幽門螺杆菌測試	- H Pylori urea breath test	- 幽門螺杆菌呼吸測試	✓	✓	✓	✓	✓	✓
38	PAP Smear 子宮頸抹片	- Thin pap / autocyte Screening	- 柏氏子宮頸細胞抹片檢查		✓		✓		✓
39	Vaginal Swab 陰道細菌檢查	- Vaginal Bacterial Swab	- 陰道細菌檢查		✓				
40	Testosterone 睪酮(雄激素)	- Testosterone	- 雄激素	✓		✓		✓	
<b>Anti-Aging Profiles 抗衰老檢查</b>									
41	Anti-Aging Profiles 抗衰老檢查	- Cortisol	- 腎上腺皮質素			✓	✓	✓	✓
42		- LH (Luteinizing Hormone)	- 黃體化激素			✓	✓	✓	✓
43		- FSH (Follicular Stimulating Hormone)	- 濾泡刺激素			✓	✓	✓	✓
44		- Prolactin	- 催乳素			✓	✓	✓	✓
45		- Estradiol (E2)	- 雌二醇			✓	✓	✓	✓



Screening Items 檢查項目		Check up Details 檢查項目細節		CEO88	CEO88	CEO138		CEO160	
				Male	Female	Male	Female	Male	Female
46	Anti-Aging Profiles 抗衰老檢查	- Growth Hormone	- 生長賀爾蒙			✓	✓	✓	✓
47		- Progesterone	- 黃體酮			✓	✓	✓	✓
48		- SHBG	- 人類性荷爾蒙結合球蛋白			✓	✓	✓	✓
49		- DHEA-S	- 脫氫表雄固酮 - 硫酸鹽			✓	✓	✓	✓
<b>Heavy Metal &amp; Toxic Elements Analysis (RBC) 重金屬與毒性元素分析 (紅血球)</b>									
50	Heavy Metal & Toxic Elements Analysis (RBC) 重金屬與毒性元素 分析 (紅血球)	- Calcium	- 鈣					✓	✓
51		- Magnesium	- 鎂					✓	✓
52		- Chromium	- 鉻					✓	✓
53		- Cobalt	- 鈷					✓	✓
54		- Copper	- 銅					✓	✓
55		- Iron	- 鐵					✓	✓
56		- Boron	- 硼					✓	✓
57		- Lithium	- 鋰					✓	✓
58		- Aluminum	- 鋁					✓	✓
59		- Arsenic	- 砷					✓	✓
60		- Cadmium	- 鎘					✓	✓
61		- Antimony	- 銻					✓	✓
62		- Barium	- 鋇					✓	✓
63		- Thallium	- 鉍					✓	✓
64		- Platinum	- 鉑					✓	✓
65	Sexual Health Screening 性健康檢查	- HIV (1&2) antibody	- 愛滋病病毒抗體	✓	✓				
66		- HIV p24 Antigen	- 愛滋病病毒 p24 抗原	✓	✓				
67		- T. Pallidum Antibody	- 梅毒螺旋菌抗體	✓	✓				
68		- VDRL	- 梅毒血清	✓	✓				
69		- HSV Type 2 IgG	- 疱疹病毒 2 型抗體	✓	✓				
70		- Hepatitis C Antibody	- 丙型肝炎抗體測試	✓	✓				
71		- Mycoplasma Culture	- 支原體培植	✓	✓				
72		- Chlamydia Trachomatics DNA	- 沙眼依原體基因	✓	✓				
73		- Gonorrhea DNA	- 淋球菌基因	✓	✓				
74		- Ureaplasma DNA	- 解脲脲原體基因	✓	✓				
75		- Trichomonas and Candida Culture	- 滴蟲和念珠菌培植	✓	✓				
76		- Mycoplasma Genitalium DNA	- 生殖道支原體基因測試	✓	✓				
77		- Mycoplasma Hominis DNA	- 人型支原體基因測試	✓	✓				
78		- Trichomonas DNA	- 滴蟲基因測試	✓	✓				
79	<b>Health Screening Report &amp; Review Consultation 醫療報告及醫生臨床解釋</b>			✓	✓	✓	✓	✓	✓
						Choose one of B - D 從 B 至 D 任選一項		Choose one of A - D 從 A 至 D 任選一項	
Screening Items 檢查項目		Check-up Details 檢查項目細節		Selective Items 自選項目					
A	Exercise Tolerance Test 運動耐受性檢查	- Treadmill ECG	- 運動心電圖	or 或					
B	Environmental Xenoestrogen test 環境異雌激素測驗	- Phthalates level	- 增塑劑	or 或					
		- Parabens level	- 羥基苯甲酸酯						
		- Phenols level	- 酚類水平						
C	Food and inhaled allergen test 食物 和吸入過敏原檢測	- 40 types of food and inhaled allergen IgE antibody test	- 40 種食物和吸入過敏原 的 IgE 抗體檢測	or 或					
D	Sexual Health Screening 性健康檢查	- HIV (1&2) antibody	- 愛滋病病毒抗體	or 或					
		- HIV p24 Antigen	- 愛滋病病毒 p24 抗原						
		- T. Pallidum Antibody	- 梅毒螺旋菌抗體						
		- VDRL	- 梅毒血清						
		- HSV Type 2 IgG	- 疱疹病毒 2 型抗體						
		- Hepatitis C Antibody	- 丙型肝炎抗體測試						
		- Mycoplasma Culture	- 支原體培植						
		- Chlamydia Trachomatics DNA	- 沙眼依原體基因						
		- Gonorrhea DNA	- 淋球菌基因						
		- Ureaplasma DNA	- 解脲脲原體基因						
		- Trichomonas and Candida Culture	- 滴蟲和念珠菌培植						
- Mycoplasma Genitalium DNA	- 生殖道支原體基因測試								
- Mycoplasma Hominis DNA	- 人型支原體基因測試								
- Trichomonas DNA	- 滴蟲基因測試								